



MASSAGE THERAPY DOES A
BODY GOOD!

<u>Massage Therapy</u>	<u>Community Price</u>	<u>Community (5 package)</u>
30 minutes	\$50	\$235
60 minutes	\$80	\$385
90 minutes	\$105	\$510

ST. JOSEPH'S/CANDLER
HEARTWOOD CAMPUS
3866 BELFAST KELLER ROAD,
SUITE 101 P: 912-819-9640

WWW.SJCHS.ORG/BE-HEALTH

EVERY THURSDAY 9AM TO 5:30PM

Massage Therapy

Katie Crawford, LMT.

Massage therapy alleviates stress by reducing the levels of cortisol in the body.

Our Massage Therapy can reduce inflammation and swelling, alleviate pain, and improve flexibility, all of which contribute to a faster and more effective recovery process.

Experience the healing benefits of massage therapy, designed to alleviate stress and promote overall well-being. Enhance your health journey with personalized treatments that target muscle tension and improve circulation.

Bē[®]

HEALTH & WELL-BEING

powered by
ST. Joseph's | Candler



ST. Joseph's | Candler